

Rothman To Co-Host Free Health Forum For Women On April 17

April 14, 2004

Rothman To Co-Host Free Health Forum For Women On April 17
Cholesterol Tests, Glaucoma Exams, Glucose Screenings,
Body Mass Index Analyses, Blood Pressure Examinations,
Along With Expert Information Available Throughout Entire Four Hour Event

Washington, DC - In an effort to promote a healthy future for women throughout Northern New Jersey, Congressman Steve Rothman (D-Fair Lawn) is partnering with the HealthCare Institute of New Jersey (HINJ) to host a free health forum for women on Saturday, April 17 from 10:00am-2:00pm at Fairleigh Dickinson University's (FDU) Dickinson Hall located on Temple Avenue at the Hackensack campus. Entitled, "Living a Healthy Lifestyle," the forum will feature a panel discussion by doctors and other health experts from local area medical facilities, and will offer free cholesterol tests, glaucoma exams, glucose screenings, body mass index analyses, and blood pressure examinations on-site throughout the entire event.

"I am proud to be a part of this program designed to raise awareness of the issues affecting women's health and to give the women of my district the opportunity to learn about the important steps they can take to improve their health and the health of their families," Rothman said. "I encourage every woman from my congressional district to attend this free health forum because I believe they will find it helpful and informative and that they will leave with concrete and practical ideas for steps they can take to live a healthier life."

The "Living a Healthy Lifestyle" forum is designed to educate women about the positive effects of various health screenings. Participants will learn the steps necessary for leading a healthier life through screening and prevention efforts. In addition to information from medical experts, Northern New Jersey community health resources, including the Bergen County Department of Health, the Bergen County Parks Department, and Gilda's Club of Northern New Jersey will have representatives on hand to highlight the services they offer.

In addition to HINJ, the "Living a Health Lifestyle Forum" is being sponsored by Englewood Hospital and Medical Center, Hackensack University Medical Center, Holy Name Hospital, and The Valley Hospital. A free light breakfast will be provided at the event. Those interested in more information on the forum or those who want to RSVP should call 1-800-367-2576.

###

[Go back](#)